

## School Nurse contact details:

Please call the Public Health Nursing Service to opt out of any screening, or to discuss your child on:

**0300 123 7572**

Alternatively email the area in which your child attends school:

Welwyn and Hatfield, East Herts or Broxbourne:  
**HCT.SHWBSWH@nhs.net**

Stevenage, Royston or North Herts: **HCT.rsnh@nhs.net**

Watford, 3 Rivers or Hertsmere: **HCT.W3RH@nhs.net**

St Albans or Dacorum: **HCT.stadac@nhs.net**

## Comments or complaints

Hertfordshire Community NHS Trust offer high quality services and aim to be as helpful as possible. If however you are dissatisfied by our service then we would like to know so that we can make improvements.

Please contact either:

### Patient Advice and Liaison Service (PALS)

Tel: 0800 011 6113

10am to 2pm, Monday to Friday

Messages can be left outside these hours.

Email: [pals.hchs@nhs.net](mailto:pals.hchs@nhs.net)

### Hertfordshire Community NHS Trust

Unit 1a Howard Court  
14 Tewin Road  
Welwyn Garden City  
Hertfordshire  
AL7 1BW

Telephone: 01707 388000

Email: [hct.communications@nhs.net](mailto:hct.communications@nhs.net)

Web: [www.hct.nhs.uk](http://www.hct.nhs.uk)

If you would like a copy of this document in LARGE PRINT, Braille or audio tape, or would like this information explained in your own language, please contact 01707 388164.

# Hertfordshire Public Health Nursing Service 5-19 (School Nursing)

The Public Health Nursing Service (School Nursing) delivers the Healthy Child Programme to school aged children who attend a state funded Hertfordshire school.

We promote healthy lifestyles and offer support to children and families at times when extra help is needed, such as help with emotional difficulties and coping with long term health conditions.

Produced by the School Nursing Service August 2020.



[www.healthforkids.co.uk](http://www.healthforkids.co.uk)



Hertfordshire  
Family Centre  
Service



Hertfordshire Community  
NHS Trust

The Team provides support, advice and signposting on a range of health issues that can affect a child or young person. These may include:

- Emotional and mental health issues
- Healthy eating and weight management
- Wetting, soiling and constipation
- Immunisation advice
- Support for young carers
- Health conditions requiring medication in school
- Sexual Health

We have a team of staff who can offer individual, or group sessions where appropriate, to support children and young people in school. More information is available about all the services we offer in this short clip: <https://youtube/7RoTkp3vkB0>

During your child's first year in school (reception) we will ask you to complete an online questionnaire about your child's health and wellbeing. This is called The Lancaster Model. Once you have completed this we may contact you to discuss your child's health. Children also complete an online health assessment in Year 6. For more information please visit:

<https://www.thelancastermodel.co.uk/>

Please contact your local school nursing service (details on reverse) should you wish to discuss any health concerns for your child. You can also refer direct to the service by completing an online referral form available on our website at :

<https://www.hertsfamilycentres.org>

Please note all our staff will be wearing PPE in accordance with NHS guidance.

## School Entrance Screening

All children in Reception have their height and weight measured, and their distance vision and hearing checked. Parents and carers are informed of the results. Any results which may have an effect on your child's education (hearing or vision) will be shared with their class teacher.

**If you do not wish your child to be seen, or your child is currently attending a vision or hearing clinic and you do not wish us to screen them, please contact us within two weeks of receiving this leaflet.**

It is important that all children are fully immunised prior to starting school including having their pre-school booster and second MMR. Please contact your GP if your child has not received these immunisations or you have any concerns regarding this.

Hertfordshire Community NHS Trust is committed to protecting your privacy and will process the information you provide in a manner that is compliant with the Data Protection Act. Health information about your child will only be shared with your consent. Further information about how your data is stored can be found here:

<https://www.hct.nhs.uk/about-us/data-protection-and-your-information/>

Information will not be shared with any other outside agency unless it is necessary for the protection of a child or vulnerable adult.

## For further information

Please visit our website for more information on the School Nursing Service:

<https://www.hertsfamilycentres.org>

Twitter: @HCTNHS | Instagram hct\_schoolnursing

School Aged immunisation team: 01727 732062