



HELPING CHILDREN TO MANAGE BIG EMOTIONS

An online session for
Parents, Carers & Teachers

Join us on Tuesday 8th June 9.30-11.30am as we take a deep dive into children's mental health and how to best support them.

This is an interactive session which will leave you with a greater understanding of why children feel such overwhelming emotions and what you and they can do about it.

The Happy Human Project teaches children therapeutic strategies and tools to manage emotional wellbeing and lead happy, calm and confident lives.



Tuesday 8th June 2021
9.30am – 11.30am

To book, please contact Hayley Clyne via hc.dspl4@wormleyprimary.co.uk and state your name, contact email and state if you are attending as a parent, or a professional.

Connect

Have fun

Be kind

Take care

Unwind