



WDPSSA Cross Country Championships 2024

Goffs Churchgate, College Road, Cheshunt, EN8 9LY

Wednesday 24th January 2024

2.30 arrival. 3pm start – 4pm.

(please note finish time is approximate)

Please print and bring with you on the day, thank you

Teams

Each school may enter one 'A' team of girls and one 'A' team of boys.

Teams consist of 5 pupils (Year 5/6) – that's 10 children if you enter both a boys' and girls' team.

Only the first 3 boys & first 3 girls to finish from each school will count towards their school's team score.

However, all 5 runners in the first 3 Overall Schools will get medals.

Points System

The first three runners from each School Team, Girls & Boys, to cross the finish line receive points that correspond to their place number.

The first placed runner receives one point, the second placed runner two points, and so on. The team receiving the lowest score wins.

The fourth and fifth runners on a team, although they don't receive a score, can also be important, in that they can "displace" scoring runners from the other team.

Team Medals	Individual Medals
5 Gold Boys Team medals	1 Gold Boys Individual medal
5 Silver Boys Team medals	1 Silver Boys Individual medal
5 Bronze Boys Team medals	1 Bronze Boys Individual medal
5 Gold Girls Team medals	1 Gold Girls Individual medal
5 Silver Girls Team medals	1 Silver Girls Individual medal
5 Bronze Girls Team medals	1 Bronze Girls Individual medal
Winners Cup for the 1st placed Overall School Team	
Winners Cup for the 1st placed Boys Team	
Winners Cup for the 1st placed Girls Team	



Schedule of Events

Registration will be from 2.30pm to 4.00pm. Please register at the table on the field at the back of the school.

The race briefing will start at 3pm

The race will then begin at around 3.15pm and should finish by around 4pm.

Presentations will take place at approximately 4.15pm-4.30pm, on the school field.

The Course

The course will be approximately 1 mile long, and as usual, there will be marshals to ensure that the children do not get lost.

There are no significant obstacles on the course.

The Venue

Please be aware that parking is limited at the school so parents may need to park elsewhere.

Parents

Parents are invited to watch the event but will not be allowed on site until a certain time. I will confirm this and let you know asap. All spectators must remain within the designated viewing area and must not go on to the course under any circumstances.

Good luck and we hope you enjoy the competition!